

Progression in PE – Maypole Dance Year 5

Prior Knowledge	With consistency, children repeat controlled movement patterns.
National Curriculum links (Physical Education)	<p>Pupils should be able to:</p> <p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p>Pupils should be taught to: perform dances using a range of movement patterns compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>
Key knowledge – what they need to know	<p>Actions/Steps Working in groups Direction Choreography Performance/expression Rhythm</p> <p>Warm up: Pages 18-19 of the Maypole Manual (see the resource An Introduction to Maypole Dances) and pre-learnt material</p> <p>Lesson 1: Twister Close collaboration- changing places with the person opposite you. Moving to different places – group awareness.</p> <p>Lesson 2: Spider’s Web Precision with teamwork. The way they hold their ribbons.</p> <p>Lesson 3: Folk Dance Remixed folkdanceremixed.com/ Have a look at the videos – what do we want to get out of our Maypole?</p> <p>Lesson 4: Creating their show using all 3 dances I can select and use a range of movements to create a dance phrase that demonstrates my ideas.</p> <p>Lesson 5: To perform a dance I can perform to an audience using a range of movement patterns.</p> <p>Key vocabulary: Twister, spider’s web. Folk dance Remixed, creating, rhythm, perform, teamwork</p>